



**INTERLAKE
TEACHERS' ASSOCIATION**

ITA Today

Our monthly roundup of news and reminders, upcoming events, deadlines, MTS info, talking points and more. Any questions should be directed to itapres@mbteach.org

Issue No. 2 | October 2022

Mood, Morale & Motivation

If like me, you enjoy the colour changes October gifts us, and you thought they looked a little brighter this year, you'd be correct! Leaf colours are most vibrant when plants have adequate moisture followed by sunny autumn days. Learn more [HERE](#) if you like.

Plants need the right mood (shorter days); morale (moisture); and motivation (to survive the winter). October can initiate a similar reaction for those in public education. The shiny newness of September has faded into routine and methodology. A good start may give teachers the mood and morale to push on and thrive, even when the darkness permeates and the cold creeps in. But my hope is that your motivation is not just to survive the winter. You are too valuable and resilient a resource for that.

Seek out those who improve your mood, boost your morale and remind you of your motivation. Take time away as you need it, listen to your own mental & physical health, don't do more than you can do, and access your [Benefits](#) or [HumanaCare](#). Contact itapres@mbteach.org or your school rep with questions or concerns, and as always, be well.

Upcoming Events

Nov. 3 - Maternity Seminar - CANCELLED

Nov. 3 - Divisional WSH Committee Mtg

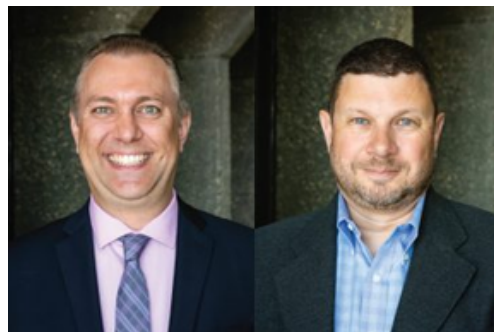
Nov. 7 - Inaugural ISD Board Mtg - pg 2

Nov. 13 - Walk at the WAG - pg 5

Nov. 14 - L3 Series - **Leadership through an EDI Lens - Virtual - [Register](#)**

Nov. 29 - New Member Virtual Check-in

MTS President Retiring



MTS President, James Beford has announced he will retire at the end of February 2023. At that time, Vice-President, **Nathan Martindale** (left) will assume the role of interim President. This past week, the MTS Provincial Executive appointed **Chris Darazsi** of RETTA (right) to the position of interim Vice-President. Both positions will be open for election in May 2023.



INTERLAKE TEACHERS' ASSOCIATION

www.interlaketeachers.ca | itapres@mbteach.org

Stay informed:

- MTS regularly sends all-member updates, [the SUB](#).
- These can announce anything from benefits to bargaining, or the retirement of our President.
- [PLEASE change to a PERSONAL EMAIL for My Profile](#).
- Please read the ICT Acceptable Use Agreement closely that all employees were to sign by Oct 31.
- Do not use a divisional device for personal use.

MB Teacher Goes Electronic

- The fall 2022 edition of the MB Teacher is now out, but you may not see a copy in your mailbox.
- At MTS Provincial Council AGM in May 2022, a Resolution was passed moving the default to electronic copies distributed via email.
- **Members who wish to receive a printed copy of the magazine must opt in to do so in MyProfile.**

Social Media - DO's and Dont's

- [Ponder before you post](#) - Reminder that you have a duty to uphold the integrity of your employer, and this includes what you do on Social Media.
- [Don't text or message with students](#) unless it is on TEAMS. Using a divisional, monitored medium protects you. If you are contacted by a student, and are concerned about the content of the conversation, immediately stop the conversation and contact your Principal. Document and take screen shots if you can.
- [DO FOLLOW the ITA](#)
 - **NEW!!! - now on Instagram - [interlaketeachers](#)**
 - **Twitter - [@InterlakeTA](#)**



NEW ISD BOARD

The ISD board is still looking to fill one Trustee position in Ward 2. The other 6 positions were acclaimed as follows:

Ward 1: Gord Greasely (NEW) & John Hueging

Ward 2: Alan Campbell, Victoria Schindle & vacant

Ward 3: Sally Cook

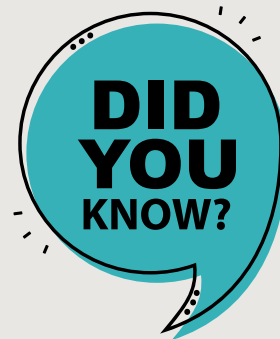
Ward 4: Bridget Yablonski

If you are interested in becoming a Trustee, please go to www.interlakesd.ca under Trustee recruitment.



THE MANITOBA TEACHERS' SOCIETY

www.mbteach.org | Phone: 204-888-7961 Toll Free: 1-800-262-8803



BENEFITS NEWS:

- The MTS TRAF plan is one of the best in the business.
- Members can invest with TRAF (has been returning approx. 6.5% over the last 5 years)
- Access the TRAF website [HERE](#) to learn more.
- Register for Pre-Retirement Seminars [HERE](#).

NEW: MTS Introduces Blue Cross coverage for SUBSTITUTES! Go to www.mbteach.org/mtscms/2022/09/06/mts-introduces-blue-cross-coverage-for-substitutes/

Friday, November 11



The Importance of Voicing Autonomy in a time of Austerity

Lindsey Sturgeon, Professional Development Chair

Do you miss our curriculum focus day in February? Is the lack of substitutes preventing you from accessing professional growth or development? Autonomous PD is incredibly beneficial for teachers to meet the needs of their classrooms, as well as their own professional goals and aspirations. This year due to a calendar gaff by the Provincial Government, ITA members will have January 6th as an asynchronous professional learning day. You will be able to spend 5.5 hrs on a PD of your choice, and no it does not have to be on that day.

This is an opportunity for teachers to demonstrate to the Interlake School Division that we value autonomous PD and would like more of it. I encourage you to use this day as a way to access the learning that supports you in your educational journey. The Interlake Teacher's Association is committed to supporting our members, and are looking for ways to engage with you, and provide learning opportunities for members. Stay tuned!. Feel free to send suggestions for topics, events or speakers that you would like to see during the year to itapres@mbteach.org.



How to cope moving forward - Nov 21, 2022 or Jan 31, 2023

Get [INFO HERE](#). Register online at:

<https://memberlink.mbteach.org/Event.axd?e=2537> (Nov 21, 2022)

<https://memberlink.mbteach.org/Event.axd?e=2543> (Jan 31, 2023)



INTERLAKE TEACHERS' ASSOCIATION

www.interlaketeachers.ca | itapres@mbteach.org



[Teacher-Led Learning Team - The Manitoba Teachers' Society \(mbteach.org\)](#)

[Field-Led Courses - The Manitoba Teachers' Society \(mbteach.org\)](#)

[Special Area Groups of Educators - The Manitoba Teachers' Society \(mbteach.org\)](#)

[Beginning Teachers' Handbook - The Manitoba Teachers' Society \(mbteach.org\)](#)

[Lesson Plans - The Manitoba Teachers' Society \(mbteach.org\)](#)

[Maternity & Parental Leave - The Manitoba Teachers' Society \(mbteach.org\)](#)

[WSH INFORMATION - The Manitoba Teachers' Society \(mbteach.org\)](#)





ITA carves it up

PUMPKIN CARVING CONTEST #ITACARVESITUP

POST YOUR PHOTO
FROM OCT 31 - NOV 4



To enter to win a gift card:

Post a photo of your carved pumpkin on:
Instagram (follow interlaketeachers)



or Twitter (follow @InterlakeTA)



and use #itacarvesitup

or email photos to itapres@mbteach.org



Walks the WAG

**Meet us at the
Winnipeg Art Gallery**

**Sunday, November 13th
1:00 p.m.**

**Playing a dynamic role in the
community, the Winnipeg Art Gallery
thrives as a place for learning, dialogue,
and enjoyment through art.**

**Join us for ART IS A VOICE, QAUMAJUQ,
and learn about classroom programs.**

Free Admission